**BSc (Hons) Nursing**

**Nursing Care and Management of the Adult with Chronic Health Care Needs**

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| Type | Level | Length | Module code | Aggregate | Credits for this part of module |
| Assignment  Case study | 5 | 3000 words | NAM 2128 | 100% for assignment | 20 |

Electronic submission via Canvas

**The assignment is aligned with learning outcomes of the modules as outlined below: -**

1. Undertake the systematic person-centred assessment of a patient with chronic health needs leading to a nursing diagnosis
2. Develop a person-centred plan of care for a person with a range of complex symptoms using principles of coproduction
3. Integrate self-management, knowledge and skills into the plan of care in partnership with the individual and significant others in their life
4. Implement and evaluate the effectiveness of nursing interventions in the management of people with chronic health needs across a range of contexts
5. Explore principles of coproduction from the person’s and carer’s perspectives

Title: - **Analyse the assessment and nursing care required by an adult patient with long term health care needs**

**Case Study: overview**

**Choose a patient whose care you have been involved in and identify one long term health care need, discuss the nursing care required and how they were enabled to self-manage their healthcare need.**

The **focus** of this care study must reflect the theoretical content from **Nursing Care and**

**Management of the Adult with Chronic Health Care Needs**

For this assessment you are required to write a 3000-word case study that reflects the module learning outcomes. It should be based on **a patient you have cared for in your practice placement experience** who has a **long term** **health care need**. You are required to discuss the nursing assessment and identify one patient health care problem and discuss the associated nursing care. In your discussion you will need to consider both the nurse’s role and MDT role, you are also required to explain how the patient was educated to self-manage their condition. (NB. For this assignment, please ensure no individual or workplace is identifiable**. (Confidentiality and anonymity must be maintained)**

Throughout the assignment you are required to use contemporary **evidence-based literature.** By doing this you will demonstrate your understanding of the need to provide contemporary and evidence-based nursing care for people with an identified a long term or chronic condition. (NB: the **literature you use should be evidence based and from reputable sources.**) The Harvard Referencing system should be used throughout the assignment and in the reference list.

<https://libguides.qub.ac.uk/referencing>

<https://www.qub.ac.uk/cite2write/>

**Case study guidelines**

Relating to your chosen patient, the care study should include:

* An **introduction** to the patient and care setting; identify the relevance of your choice in relation to contemporary nursing practice. This should include a brief social and medical overview of the patient and identify any family/significant others. **(300 approx. words)**
* **Critically discuss** the **nursing assessment** undertaken. This should include a critical discussion of the assessment documentation and risk assessment tool(s) used to guide the person centred assessment of this patient. You should also discuss the key nursing skills used during the assessment with rationale of why they were used. **(600 approx. words**)

* Identify from your assessment **1 key long term health care need** and why you decided this was a key need for your patient.  **(200 approx. words)**
* Identify and discuss with rationalethe **nursing interventions** provided for the chosen long term health care need. **(800 approx. words)**
* Discuss the objective **evaluation** of care provided for the chosen long term health care need, including identification of the **skills/tools** used for this evaluation. **(300** **approx. words**)
* Critically discuss the importance of self-management and the self-management strategies required for your patient’s main long term health care need to enable the patient to manage their health care need. Included in this should be an overview of the role of specialist nurses and members of the multidisciplinary team in supporting the patient **(700 approx. words)**
* **Conclusion** Closing the assignment and very briefly drawing on key points.

Please ensure that you support your work with relevant and contemporary **academic literature** and utilise the Harvard Referencing system.

**Points to consider when presenting your assignment**

* Include a cover page. Use Arial/Calibri size 12 font, double spacing and number the pages throughout.
* Avoid using terms such as – the Author or writing in first person – I, We, Our.
* Gain consent from the patient for the case study. Do not personalise choice of patient but identify the relevance of condition/age/social circumstances to contemporary nursing practice.
* Always maintain confidentiality; please do not identify the placement/trust/patient or any member of staff.