# Guidance to reflection – video interview

Word limit: 750 words (+/- 10%)

Style: Arial 12pt, headers permitted (counted within word count), footnotes if necessary

Submission: via Turnitin

**Deadlines:**

Completion of the video interview on Shortlister – there is no deadline for this because it is not assessed, but submissions are timestamped and will be checked against the submission date/time of the marked assessment

Submission of reflection - **Monday 16th May, 13:00**

The purpose of this assessment is to introduce you to the world of video interviews, which are becoming increasingly commonplace. It is NOT to test your abilities for a particular job, which for the purpose of the assessment does not exist.

Your task is to participate in the interview provided to you and reflect upon the experience and what it means to you in terms of your career development generally.

You will have received an announcement from Jeanette via Blackboard. Click on the link and follow the instructions. There is also a guide to Shortlister in the Video Interview materials on Blackboard and material in the reading lists linked to Seminar 6 – please refer to these.

**NB. While your interviews are not assessed, you will be checked to see that an interview was recorded and submitted on Shortlister. Non-attempts will lead to a mark of 0 in the assessment.**

Advice:

* Read the materials given to you on Blackboard in semester 1 about interviews first before participating.
* Take note of the assessment criteria for the Portfolio on Blackboard.
* Bear in mind that **you are not being assessed on how well you did in the interview**, but your reflection on the experience.
* Choose your place and time wisely (ideally somewhere quiet with no distractions.)
* Enjoy the process – it’s a test with no outcome after all! Don’t try to second guess the questions and do your best.
* Have a pen and paper handy for note taking.
* Afterwards, while writing notes think about the following:
  + What do you think the questions were trying to assess?
  + Do you think you were able to demonstrate the desired skills/attributes during the interview?
  + How did the interview make you feel?
  + Do you think having several attempts helped you?
  + Do you think there were any barriers to you participating?
  + Do you think video interviews are useful? Why?